

STARGUARD AQUATICS

Lifeguard Training

Through successful completion of this course, you will be certified in lifeguard training, basic first aid, bloodborne pathogens, basic life support (CPR/AED), and emergency oxygen.

Required levels of swimming ability and fitness are determined on the first day. The skills test includes a 50-yard unsupported swim, a 50-yard swim with rescue tube, treading water for one minute (without using hands), and retrieving a 10-pound object from 7-13 feet of water.

In order to register you must be at least 16 years of age; proof is required. Registration is accepted online at cityofhenderson.com and at any recreation center or indoor pool, and closes one week before the course start date. **\$135 per person.** If hired by the City of Henderson, course fee is waived.

Heritage Park Aquatic Complex 310 S. Racetrack Rd.

February 15-17 • 136005-02
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

March 10-18 • 136005-03
Sunday, 8am-6pm
Monday, 4:30-8:30pm

April 5-April 7 • 136005-04
Friday, 4:30-8:30pm
Saturday & Sunday, 8am-6pm

April 17-19 • 136005-05
Wednesday, Thursday, Friday, 9am-5pm

Whitney Ranch Indoor Pool 1575 C Galleria Dr.

March 1-3 • 136605-02
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

March 29-31 • 136605-03
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

April 15-17 • 136605-04
Monday, Tuesday, & Wednesday, 9am-5pm

April 26-28 • 136605-05
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

Henderson Multigenerational Indoor Pool 250 S. Green Valley Pkwy.

February 8-10 • 136605-01
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

February 22-24 • 136305-02
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

March 8-10 • 136305-03
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

March 22-24 • 136305-04
Friday, 4-8pm
Saturday & Sunday, 8am-6pm

April 7-15 • 136305-05
Sunday, 8am-6pm
Monday, 4:30-8:30pm

April 19-21 • 136305-06
Friday, Saturday & Sunday, 9am-5pm



Non-residents add 15%



CITYOFHENDERSON.COM



Henderson Sports & Recreation

Schedule is subject to change or cancellation without prior notice. Management reserves all rights.



WE'RE LOOKING FOR SOME **GREAT** *lifeguards*

JOIN OUR TEAM!

**We're hiring NOW for
the following positions:**

- Lifeguards
- Recreation Assistants



FREE TRAINING!

If you aren't currently certified, apply for a position and register for a StarGuard Lifeguarding Course. You will be contacted before the course for your interview. If hired, we'll waive the course fee.

**Apply online at
cityofhendersonjobs.com**



CITYOFHENDERSON.COM



Henderson Sports & Recreation

