

## **Beth Lamb, Recreation Supervisor – Elko County**

Beth Lamb is a Recreation Supervisor for the Jackpot Recreation Center in Jackpot, Nevada. She had been involved in recreation and developed youth and senior programs and had an opportunity to apply for the Jackpot Recreation Supervisor. Beth loves getting to utilize her degree (Bachelor's Degree in Physical Education K-12) and continue to develop programs for the community. Beth also has Fitness/Cycling certifications and a USA Swim Coach Level 3 certification. She started and developed the SilverSneakers program at the Twin Falls YMCA.

Beth is a very active former Triathlete and swims at least four days a week, along with weight training, bikes century rides, hikes, and backpacking! Beth has a social group of friends that meet once a week. She is involved in the Rotary After Hours Club and the Philanthropic Educational Organization Sisterhood.

Beth has four children (ages 29, 27, 21, and 18) and has three grandchildren. They often get together for family dinner and game night.

